

Turning Your Intentions into Reality [from the Private Journals of Sukhbir (founder of LPDI)]

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This article is an extract from Sukhbir's (founder and seminar leader of LifeApps! Personal Development International)private journal that was kindly allowed by him to be published for the benefit of the public. In this entry, he talks about the power within human beings that has only been tapped by few people despite being known for many generations. This power is the power to manifest all that a person chooses to create. In this article, he shares the 5 steps for creating everything in this universe and will explain why we only seem to manifest what we don't want rather than what we want.

Content:

I'm sitting here in the apartment... reading, studying, working on the new book, and learning so much about the power of intention and how to realign my internal self talk to match up with the intention of the universe.

We forget, at times, that we were born into this world and that there was a time when we didn't exist in this world. Now that we're here, rather than making things possible (of which we are a living example), we fill ourselves with thoughts of why things are hard to accomplish. We create doubts about our possibility to accomplish something that we believe in.

It's amazing how we, being the creatures of infinite possibilities, choose to limit what we're capable of accomplishing and doing in this world. It has been taught by all religions, by all people, but somehow it has turned into the forgotten language and the forgotten skill with every generation. People are selling themselves short on their lives and are wondering why situations that they don't want always seem to continue to show up in their lives.

I have recently learned something that has been known generations, and dare I say, hundreds of years before me. It's funny how this keeps on happening! It's like we have to re-learn these truths because they're not part of the mainstream teachings (schools, colleges, etc.). The truth is that I assert that if people passed on this information to the majority and if these teachings entered the mainstream from this moment onwards, then within 5-8 years we will have a huge quantum leap and there will be a major world-wide shift in the way the world operates.

People will come here (to this life) to explore their potential. Greed will be unheard of since everyone will know how to create what they intend for themselves without resorting to stealing as an option. We were born as intended creative beings. The fault with what we learn is that we are taught to compete and copy rather than create! We need to become way more creative (an expression of our true nature). We have infinite power within us to create. Why do we limit ourselves through doubt and also lack of this information being taught in the mainstream? So what's this teaching that I've learned? What have I been going on about for a page? It is this:

People are not separate. There is one energy/soul that we are all a part of. And through this we have access through and to everything. It is in our belief that we are separate and that we create all of these problems that stifle our ability to create. In our beliefs that we are separate, we have to work hard and so many different things to acquire what we want. We have learned that working our butts off to get something is the only way to get something. *WE LIMIT WHAT WE CAN ACCOMPLISH to what our personality can accomplish!* We do not know that the universe is ready to serve us. We do not know or realize that we were intended by the universe which resulted in us being here today! We separate ourselves from all the power that is rightfully ours. Even now, some people reading this will rather doubt it than try it out since it goes opposite to what they've been taught. The truth however is this:

YOU CAN CREATE WHATEVER YOU WANT IN YOUR LIFE JUST BY:

- 1) VERBALIZING YOUR INTENT AND KNOWING THAT YOU ALREADY HAVE IT AND THAT IT IS ON ITS WAY TOWARD MATERIALIZING.
- 2) NOT DOUBTING OR CREATING A SPACE FOR DOUBT THAT YOUR INTENT IS ON ITS WAY TO YOU.

3) KEEPING THE PICTURE CONSTANTLY IN YOUR MIND - UNBENDING INTENT REGARDLESS OF WHAT YOUR CURRENT CIRCUMSTANCES ARE.

4) BE OPEN TO THE OPPORTUNITIES THAT WILL COME YOUR WAY TO MAKE IT HAPPEN. THE UNIVERSE IS INFINITELY WISE AND KNOWS OF UNLIMITED WAYS TO ACTUALIZING YOUR WANTS.

5) WHEN IT HAPPENS, REALIZE THAT THESE STRATEGIES WORK AND USE IT TO GO AND MATERIALIZE MORE ABUNDANCE IN YOUR LIFE. DO NOT SAY THAT IT WAS A COINCIDENCE- IT IS AN ACCOMPLISHMENT.

REMEMBER THAT YOU ARE CONNECTED TO THE UNIVERSE and can create anything that you want. You ALREADY HAVE IT. NEVER allow yourself to express a state of lack because that will affect your perspective and corresponding perception. Always know that WHAT YOU ASK FOR, YOU ALREADY HAVE EVEN BEFORE YOU ASKED, TO ASK IT BRINGS IT INTO MANIFESTED FORM FOR YOU.

Want to know why you don't have what you want? Chances are you keep on saying, "I never get what I want!" And you say that with such conviction and belief in its truity (the state of being true) that that was what manifested out of all the possibilities.

Instead of being sure about the lack and negativity get sure and certain about your abundance. What you think is what you'll create for you. Flip your belief in uncertainty into your belief in certainty and watch the changes occur. It may seem like a miracle to you at first, but then later you'll see it as a fact just like gravity. NO BIG DEAL. Your duty then will be to share this with others and reveal to them their birthright!

Sukhbir Singh is the Founder and main Seminar Leader of LifeApps! Personal Development International (LPDI) based in Bangkok, Thailand. There are currently three seminars being offered by LPDI: 1) The Create Your Purpose Weekend, 2) As Real As It Gets (Uncovering Your Authentic Self), and 3) Getting Into Being (Getting In Touch With Life). He is also the author of a forthcoming book called The World is an Agreement.

All information on seminars and products offered by LPDI are displayed on the website (<http://www.lifeapps.com>). Please share your opinions on the article you've just read and how it has impacted you by sending an email to info@lifeapps.com

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