

Diabetes: So Far so Good

Article Rating: NA

Submitted by: articlediner on 2006-10-27 and viewed 37 times.

Total Word Count: 1039

Author Rating:

Sample of Content:

A study published in the 1997 issue of the Proceedings of the Fisher Institute for Medical Research showed people with type 1 diabetes who were given glyconutrients "reported a dramatic improvement in their health, including a decrease in vision problems, better wound healing, less infections, and lower blood pressure. Glycobiology has achieved critical breakthroughs in the medical field, especially with diabetes.

Content:

There was this guy who jumped off the 37th floor of a tall building. As he fell, people at each floor inside the building heard him say as he passed them, "So far, so good" "So far, so good..."

Diabetes is a disease which cannot be "trusted." I know that's an odd way of putting it, but bear with me for a moment here. As a medical professional, I have dealt with countless cases of diabetes. I have always been amazed people will plan for the future as they build lives, careers, families, dreams—creating and pursuing commitments for the long term. And yet, one issue stands out consistently. People with diabetes tend to hope the disease will just "maintain itself," that it will just stay at status quo for the long term.

Diabetes cannot be trusted to stay anywhere—much less at status quo. Like the guy falling from the 37th floor, people with diabetes tend to keep telling themselves "So far, so good—so far, so good—so far, so good." Folks, hope is NOT a strategy. It is a necessity, but it is NOT a strategy in dealing with a disease like diabetes.

Diabetes: The "fall out" is too great to ignore.

As I said earlier, I am amazed how well people can plan for the long term, creating and pursuing future commitments but do NOT plan long-term for diabetes. Of course, the natural question is: "What are the long term issues with diabetes?"

With diabetes, a person is two to four times more likely to develop cardio-vascular disease. Being a cardio-vascular surgeon, I saw this particular problem constantly in my field. And I saw it consistently in young and middle aged people with diabetes.

With diabetes, people are TWENTY-FIVE times more likely to develop retinopathy (deterioration of the retinas). Because of diabetes, 24,000 people lose sight every year!

With diabetes, 60-70% of those afflicted suffer nerve damage which can lead to non-traumatic lower limb amputations. This is due to the fact that open sores that do not heal, accompany diabetes. As they become ulcerated, the diabetic faces complications which can lead to amputation of limbs.

People with diabetes are AT RISK for kidney failure.

Diabetes is responsible for the increased risk for strokes—two to six times more likely because of their condition.

Diabetes: the good news or the bad news?

Well, which do you want—the good news or the bad news first?

As a doctor, having dealt with diabetes in many patients, it's always best to know the BAD news up front. Why? Complacency is harmful to your health. The danger with diabetes is people get complacent. Nothing seems to happen until, suddenly, it seems to sneak up on you with its complications.

The bad news can be REALLY bad if you are someone who has any of the following conditions which terribly complicate diabetes. Complicating factors are:

- 1 smoking,
- 2 high cholesterol,
- 3 high blood pressure,
- 4 obesity,
- 5 physical inactivity

With these factors, predicting the progress of diabetes is very problematic. Simply put, they MUST be brought under control, if possible. Diabetes thus becomes very unpredictable.

By keeping your blood glucose under control, you can reduce the risk of complications of diabetes up to 76%. That's good news.

More good news: By healthy eating, responsible dietary weight loss, regular physical activity, monitoring blood sugar you can reduce risk in diabetes.

Bad news: Status quo again. You're still "stuck" with diabetes.

Diabetes: Being hit by "friendly fire."

Both type 1 and type 2 diabetes are auto-immune conditions. In type 1 diabetes, the immune cells are mis-instructed to attack islet cells in the pancreas that make insulin.

Mind you, there is nothing wrong with the islet cells. There is MIScommunication by the immune system of the body. In other words, immune attack cells can get faulty messages and destroy healthy tissue. Isn't it just awful that your diabetes can be caused by "friendly fire?" (Military terminology here. The good guys are hitting their own good guys with artillery fire.)

MIS-communication hum. Sounds like what's needed is a healthier communication system at the cellular level so the body isn't attacking its own healthy cells.

Now, for some really good news!

Glyconutrition is the nutritional provision which provides the body with healthy CELLULAR COMMUNICATION. In other words, for diabetes, this means less "friendly fire."

A study published in the 1997 issue of the Proceedings of the Fisher Institute for Medical Research showed people with type 1 diabetes who were given glyconutrients "reported a dramatic improvement in their health, including a decrease in vision problems, better wound healing, less infections, and lower blood pressure." (Miracle Sugars, by Rita Elkins, M.H., Woodland Publishing, p. 26 -Excellent quick reference incidentally!)

Remember, both type 1 and type 2 diabetes are auto-immune conditions. Read carefully, this next statement by medical researcher, Dr. Neece Moore:

"Glycobiology has achieved critical breakthroughs in the medical field, primarily by addressing what could be the greatest plague in health care today -- auto-immune diseases. Multiple sclerosis, arthritis, diabetes, Crohn's disease and colitis are just a few of these diseases."

Research on glyconutrition is growing wonderfully. For example, the Ophthalmology Department of Harvard University in 1995 reported that one of the glyconutrients (mannose) can be an energy source for diabetes (instead of the damaging glucose), providing energy without risk of eyesight damage. (Miracle Sugars, p.27).

Also, mannose can stimulate the pancreas to produce more insulin "â€thus lowering the amount of insulin needed to control this disease." (Miracle Sugars, p. 27. I told you this was a good book! In case you're wondering, I receive no remuneration from it whatsoever. Remember, I'm a physician. Doctors "make money the old fashioned way"â€they charge you.)

Oh yes. Glyconutrients are NON-prescription. Anyone can get them and they are non-toxic (they're food!) Safe, NON-prescription, effectiveâ€That's the stuff real medical discoveries are made of. Diabetes may very well become a scourge of the past.

Think of it. No more friendly fire.

No more diabetes "status quo."

â€So far, so goodâ€

Dr. Robert Gamble is retired from a very successful Cardio-Thoracic surgical career spanning three decades. He is now active in researching medical issues such as glyconutrition and offers his insights for public benefit. Glyconutrition: This new science is sending shockwaves through the entire medical industry and may be the missing link between health and disease. For information and business opportunity <http://www.glycoshare.com> or call toll free 1-866-735-5871.

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